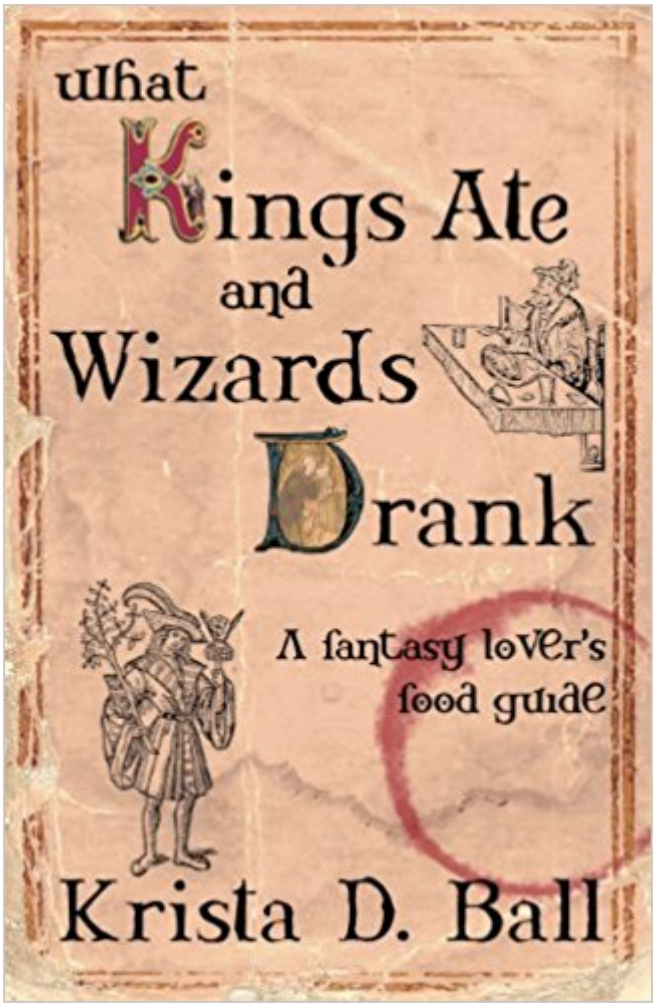
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What Kings Ate And Wizards Drank



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Synopsis

Pick up the second book in the series, Hustlers, Harlots, & Heroes, today! .com/dp/B00K1PDUP6 Equal parts writer’s guide, comedy, and historical cookbook, fantasy author Krista D. Ball takes readers on a journey into the depths of epic fantasy’s obsession with rabbit stew and teaches them how to catch the blasted creatures, how to move armies across enemy territories without anyone starving to death, and what a medieval pantry should look like when your heroine is seducing the hero. Learn how long to cook a salted cow tongue, how best to serve salt fish, what a "brewis" is (hint: it isn’t beer), how an airship captain would make breakfast, how to preserve just about anything, and why those dairy maids all have ample hips. What Kings Ate will give writers of historical and fantastical genres the tools to create new conflicts in their stories, as well as add authenticity to their worlds, all the while giving food history lovers a taste of the past with original recipes and historical notes.

Book Information

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Customer Reviews

As entertaining as it is educational, What Kings Ate and Wizards Drank is a fun romp through the history and culture of food. A fantastic resource for fantasy writers and readers alike. -Michael Wallace, Wall Street Journal Bestselling Author of The Righteous and The Red Rooster

A well written collection of diverse bits of information. The author uses an easily read, conversational style that blends short paragraphs to make the quantity of information ... digestable (sorry about that). Although the author bemoans the brevity of an introductory work, it’s surprising

how much she communicates without having the book become a dry recitation of facts. The only thing dry about this book is her humor, which is one of the elements that contributes to the good read. It may have been developed as a writer's guide, but it's a worthwhile read as a standalone text.

I am so amazed I haven't read this earlier. While I was reading I felt as if I learned something new on each page and could almost feel myself growing smarter. I had started more than one conversation in the past week with," Did you know..." let's just say most of my family has learned to leave the room when I start that way or when I interrupt a conversation with, "Actually, I just read..."As an aspiring writer I've come across multiple instances where I've contracted writers block because of my lack of factual information on "what to pack when saving a world from a vampire vs. mage war that will keep your hero/ine at peak physical condition 101". I'm so happy I found this book.Not only was the information useful and interesting, the author made reading it quite fun and worth my time. Though the final manuscript could have used a final run through to catch the few redundant sentences found within the piece, I still enjoyed it quite thoroughly.I would heavily recommended this piece to writers aspiring to become fantasy/historical authors. I know it helped me a lot even with its generalized information. Not all readers of fiction, the audience I prefer to write to, really care about how to cook cod's tongue or whether or not I'm applying mustard plaster correctly. I didn't even know it was thing until reading this book. As long as it fits in with the world I created and gives it a realistic feel, I would be happy and I think most of my readers would as well.

An insider look to foods and drinks in fantasy worlds to help make the story feel more authentic to the time. The types of food available can also help draw a darker or enlightened picture of a world. How long does it take to make rabbit stew? And catching the rabbit? How about dressing a deer? Spices and breads and so much more to look into!We love food. So why not make learning about it fun too? Krista does that here.For those writing, Krista gets you thinking more in depth of what you are creating. For those loving history, this shares in fun foods at different centuries along with recipes.This book opened my eyes to how food can reflect and create a world. Food is touched on in different aspects of living. From the poor to the rich. On the move or city living. Even sailors/pirates out at sea. So many aspects and all live very differently. This book of information helped me thinking on the foods in stories, even worlds I've created. Krista tells you how things work and suggestions for the heroes on the run in the woods. How to survive with or without food. Some references are given to help match the food in your land, culture, stature in society, and along with

taxes.Even specific diets. Some of us can think out the diets from what we know of history, but this pins it down for us. There are reasons why there may not be many children born in a time frame. The woman may have been missing certain items from their diet that could result in miscarriages.Krista presented this book in a fashion that reading about food and history felt like sitting down and talking with an old friend. This book was NOT like reading a history book. Krista made the topic fun. She shares recipes and her experiences. Yes, she's tried making some of the foods and drinks and shares how it was to make it or even taste it. Some good, some not so good. lol. There are myths that surround foods and the times, Krista talks about that and if they are true, false, or a touch of both and why.But the neat thing with food, it touches different aspects of world and people. Krista talked about health in the middle ages and further back. There are herbs for all things from health to sick to in foods and drinks. Then on to who healers are, even a few thoughts to get you thinking as to a history to your healer choice.This book was fun to read and learn. I will be using it as a reference guide to help me along. It can be used for anyone wanting to write fantasy, historical, steampunk or Victorian era.

If you write fantasy or historical fiction, listen up. You need to read this book. Period. Krista Ball has gathered in one easy-to-read work detailed information about a variety of medieval foods and topics related to them. Whether you want to hold a feast, keep your hero fed while he runs from the corrupt town guards, or stop your troops from deserting while you march them through enemy territory, Ball has what you need.My one tiny complaint is that her book largely focuses on European food history. My fantasy series The Dragoon Saga draws on Japanese mythology, so I would have loved to see more discussion of Asian food traditions. But this in no way diminishes Ball's work. I understand why she made the choice she did. No one book could cover the food history of the planet in any level of detail, and most fantasy uses a pseudo-European landscape anyway. That said, if Ball ever wrote a companion work that examined other cultures' foods, I'd buy it in a second.

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